

a m a n d a

m a r k o

modern art + meditation



I Remember My Successes in Technicolor // mantra series // 12in x 12in // resin-coated wood board in black floating frame // was \$520 // **now \$300**



My Value Doesn't Need Validation // mantra series // 18in x 18in // paneled wood board // was \$620 // **now \$500**



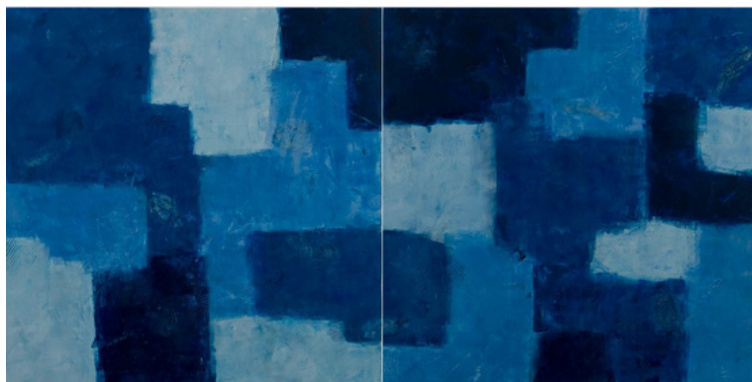
Nauset Sanctuary // rock garden series // 12in x 12in // wood board in black floating frame // was \$480 // **now \$360** // at Wyndrose



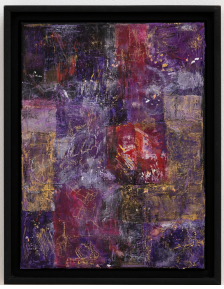
Nothing Lasts Forever // mantra series // 16in x 20in // canvas in silver floating frame // was \$660 // **now \$420** // at Wyndrose



Take the First Step // mantra series // 18in x 24in // wood panel in black floating frame // was \$750 // **now \$300**



My Light Shines Bright // mantra series // 18in x 36in diptych // 18in x 18in each wood panel // was \$1240 // **now \$750**



Inhale Here. Exhale Now.
//mantra series // 9in x
12in //canvas in black
floating frame // was \$360
// **now \$150**



**My Illusions and
Delusions Float Away**
//mantra series // 18in x
18in // resin-coated wood
panel in black floating
frame // was \$720 //
now \$500



Hold the Vision //mantra
series // 18in x 24in //
paneled wood board //
was \$720 // **now \$500**



Trust the Process //mantra
series // 18in x 24in //
paneled wood board //
was \$720 // **now \$500**



**My True Nature is Love and
Joy** //mantra series //
12in x 12in // resin-coated
wood panel in black floating
frame // was \$520 //
now \$300



Let Go //mantra series //
8in x 10in //canvas in
black floating frame //
was \$250// **now \$175** // at
Wyndrose

**Everything I Need is Already
Inside Me** //mantra series //
30in x 48in // canvas //
was \$2400 // **now \$1500**

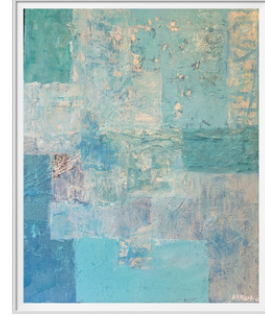




Nauset Sanctitude //
rock garden series // 12in
x 12in // wood panel in
black floating frame //
was \$480 // **now \$360** //
at Wyndrose



**I Release the Need for
Control** // mantra
series // 11in x 14in //
canvas // was \$420//
now \$250



Everything is Connected
//mantra series // 16in x
20in // canvas in silver
floating frame //
was \$680 // **now \$500** //
at Magnolia



Path Is Choice //
mantra series // 9in x
12in // canvas in silver
floating frame // was
\$250// **now \$150**
at Wyndrose

**Easy on Myself. Gentle with
Others. Joy in All Things.** //
mantra series //
30in x 48in // canvas //
was \$2400 // **now \$1100**



I See Love Everywhere //
mantra series //
54in x 24in triptych // 18in x
24in each wood panel //
was \$2100 // **now \$1150**



I Approach Life From A Place of Abundance Not Scarcity //mantra series // 30in x 40in // cradled wood board // was \$1900 // **now \$900**



It's Not Too Late //mantra series // 30in x 40in // cradled wood board // was \$1900 // **now \$1500** // at Wyndrose



Change Starts With Me // mantra series // 30in x 40in // cradled wood board // was \$1900 // **now \$1100**



All We Have Is Now // mantra series // 16in x 20in // wood panel in gold floating frame // was \$640// **now \$490** // at Wyndrose



If It Is To Be, It Is Up To Me // mantra series // 18in x 24in // wood panel in black floating frame // was \$750// **now \$300**



Better Than Yesterday // mantra series // 16in x 16in // resin-coated wood panel in black floating frame // was \$660 // **now \$500**



Everything Always Works Out for Me // mantra series // 12in x 12in // wood board in silver floating frame // was \$450 // **now \$360** // at Wyndrose



I Am Where I Am Meant To Be //mantra series // 12in x 12in // resin-coated wood board in black floating frame // was \$520 // **now \$300**



Pop Rocks // series of eight
 // 8in x 8in // wood panels
 in white floating frames //
 was \$1600 // **now \$900**



Jardin des Roches //
 rock garden series //
 10in x 10in // wood
 panels in black floating
 frame // was \$350 //
now \$190



**Being Present Makes
 Me Powerful** // mantra
 series // 11in x 14in //
 canvas // was \$420 //
now \$250



**The Future Doesn't
 Frighten Me** // mantra
 series // 18in x 18in //
 wood panel canvas //
 was \$620 // **now \$370**



**I Feel Fear and Do It
 Anyway** // mantra series
 // 18in x 18in // wood
 panel canvas // was
 \$620 // **now \$450** //
 at Magnolia

// about these series //

// Mantra //

A mantra is energetically and manually written, scratched, imprinted, scribbled, and collaged onto each layer of the painting, just as mantras are layered into the person using them.

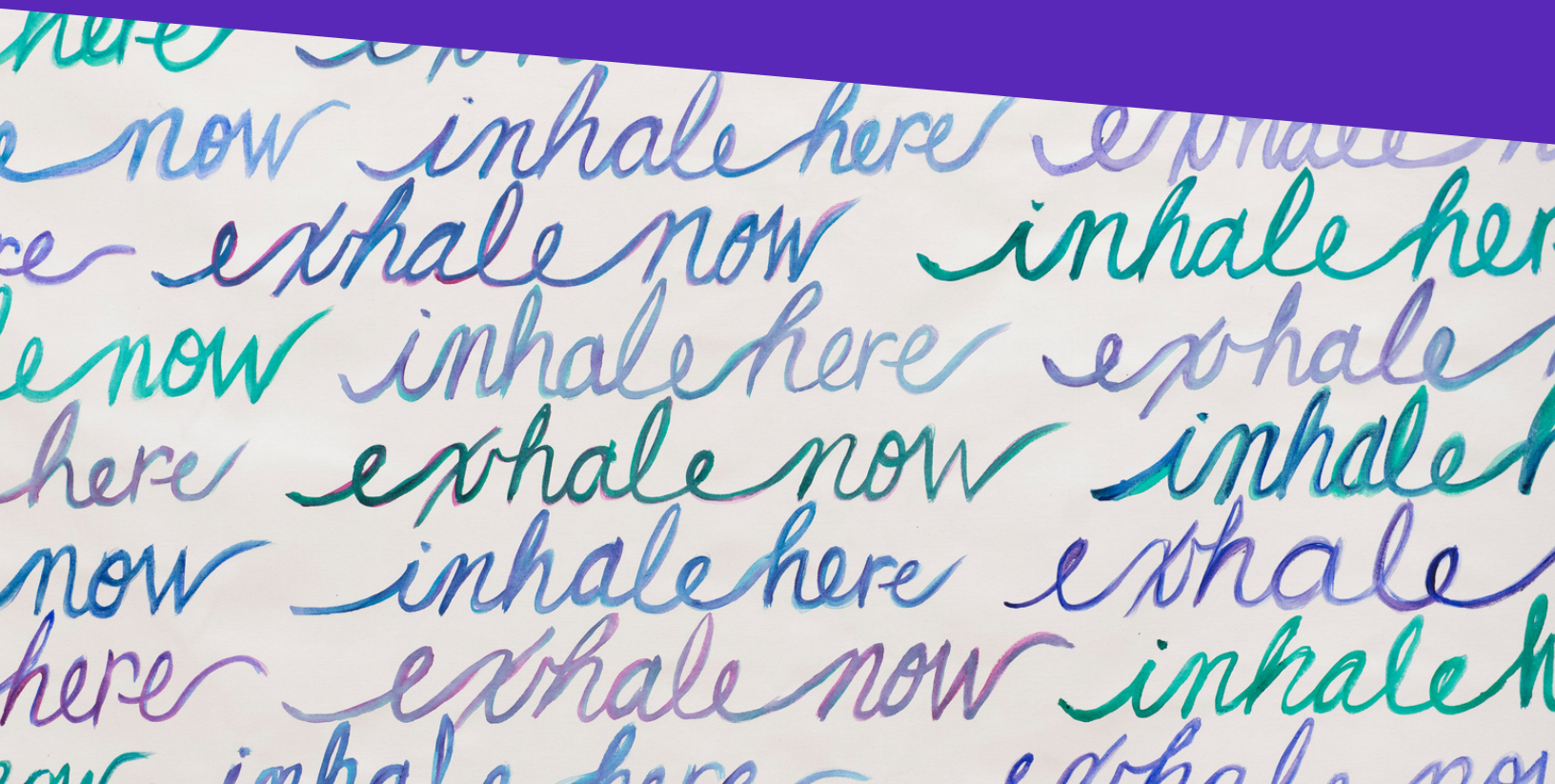
Color blocks are containers for the mind to explore; there are boundaries, yet the interplay between the colors magnify the positive and negative space, providing contrast for insight. Rich, bold jewel tones amplify the mantra, while metallic and iridescent materials represent the treasures waiting to be uncovered during quiet contemplation.

// Rock Garden //

Rock gardens provide a tranquil setting for self-discovery. These works contain superficial paper rocks derived from imprints of lower layers of the painting, a reference to the depths where rocks originate. In some instances, actual rocks and minerals such as sand and marble dust are added to the oil paint.

// Pop Rocks //

The three main stones and the lines raked into the sand of my own backyard Zen garden inspired these Pop Art-style pieces. The punchy colors depict the pursuit of a new and enlightened worldview.



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